

## CENTRO DE ODONTOLOGÍA - VHD.Dental -> my-dentist-mallorca.com

Dr. Victor J. Hernández Darias - Odontologo\*Dentist

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| Personal data/Datos personales     | Date/Fecha: |  |
|------------------------------------|-------------|--|
| Name/Nombre y Apellidos:           |             |  |
| Date of birth/Fecha de Nacimiento: |             |  |

# Patient information sheet Injection for tissue correction / volume building with hyaluronic acid in the mouth area

Dear patient,

You are in our practice today because you want a treatment with hyaluronic acid. We only perform this treatment on request and to improve a patient's well-being.

Hyaluronic acid is a substance produced naturally in the body that has been used for many years in dentistry and for wrinkle injections. Hyaluronic acid is very well tolerated and can bind many times its own volume of water. It moisturises the skin and gently plumps up wrinkles from the inside. Over time, it is completely broken down by the body. Health insurance plans do not cover the costs of hyaluronic acid injections and possible follow-up treatments.

Hyaluronic acid restores lost volume and revitalises the skin. Superficial lines and wrinkles are smoothed and deep wrinkles are plumped up.

In addition, the gums can be corrected or the lips filled or shaped. In surgical interventions, it is administered directly into the wound to improve wound healing.

Dr. Victor J. Hernández Darias only uses products with the highest purity, tolerance and allergen-free properties. It is not necessary to undergo an allergy test before treatment.

Hyaluronic acid products do not have a permanent effect and should therefore be reapplied every six to twelve months.

The benefit of treatment with Dr. Victor J. Hernández Darias is that there is always a spray for surface anaesthesia and intraoral anaesthesia.

The application is therefore completely painless.

The hyaluronic acid is then injected under the skin using the finest needles specially made for aesthetic treatment.

This area is lightly massaged after the injection to adapt the implanted material to the contours of the tissue. A treatment lasts about 30 minutes to an hour.

#### Risks and possible complications:

Immediately after the treatment, redness, swelling, slight pain or slight bleeding may occur, which usually disappears after a few hours.

In rare cases, especially in immunocompromised patients, inflammation of the skin and subcutis with abscess formation, haematoma, tissue destruction, scabbing and scarring as well as sensory disturbances in the treated areas cannot be ruled out.



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In rare cases, patients with herpes disease of the face may have a recurrence of herpes as a result of treatment.

As a reaction to the foreign material, granulomas can form in or under the skin, which usually disappear with drug treatment, but sometimes remain permanently. Extensive scarring and hardening of the skin (fibrosis) or even tissue atrophy are rare.

In very rare cases, the accidental injection of the filling material into blood vessels can lead to temporary or permanent visual impairment or even blindness. Despite all the care taken, over- or undercorrections cannot be safely ruled out when injecting the tissue.

Undercorrection - no visible treatment effect - should be corrected by repeating the treatment.

Overcorrection - too much volume - can be eliminated by the targeted injection of the enzyme hyaluronidase.

### Recommended behaviour after the injection:

After the treatment, you should avoid alcohol consumption, spending time in a sauna / or hammam and UV exposure from the sun or solarium for three to four days.

Do not exercise on the day of the injection.

Also, for the first six hours after the treatment, the treated areas of the face should not be touched and no make-up or other cosmetics should be applied to the treated areas.

I have read and understood the declaration of consent for treatment with hyaluronic acid. The nature, extent, risks and chances of treatment success were explained to me in detail in an informative meeting.

I will follow the guidelines. I was informed that several treatments may be necessary to achieve the desired result. I have thought carefully about my decision. I do not need any more time to think about it. I fully consent to the treatment.

| Palma de Mallorca, |  |
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| Signature/Company  |  |
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