



Personal data/Datos personales

Date/Fecha:

Name/Nombre y Apellidos:

Date of birth/Fecha de Nacimiento:

Patient information sheet

Information and consent for sedation (twilight sedation)

Dear patient,

The surgical procedure planned for you is to be carried out under sedation (twilight sedation). During this procedure, you will be administered a sedative intravenously. It is a sedative, sleep-inducing and anxiolytic drug.

Most of the time, its effect manifests itself in a semi-conscious state in which you can still react, are still responsive or from which you can be awakened by speaking.

You may have no memory of the procedure or even of the hours afterwards.

In rare cases, complications may occur during sedation that cannot be foreseen and cannot be avoided even though the procedure is carefully prepared and performed:

- A so-called paradoxical reaction can occur, in which you react with increased restlessness instead of sleep.
- A previously unknown hypersensitivity reaction (allergy) to the medication used may occur.
- In rare cases, the drug may cause a decreased respiratory rate (respiratory depression) and a drop in blood pressure.
- A haematoma or, very rarely, phlebitis may occur at the infusion injection site.

Please note:

You should not eat anything 6 hours before the procedure and only consume a small amount of liquids that are free of alcohol, caffeine and carbon dioxide (no coffee, no black tea, no soda, no sparkling water)! Unless otherwise agreed with us, please take your usual medication as you normally would!

The administered medication will impair your driving ability. In the 24 hours following sedation, you must **not actively participate in public road traffic, operate heavy or dangerous equipment or sign contracts.**

Once you are home, you must guarantee that an adult will be present for the following 24 hours.

-We recommend that you wear comfortable clothing for the procedure.

By signing this form, you confirm that you have been fully informed and consent to the treatment.

Palma de Mallorca,

Signature/Company